

A close-up photograph of a woven basket filled with fresh vegetables. Several green cucumbers are prominent, along with red and yellow tomatoes, lemons, and bell peppers. The vegetables are arranged in a natural, slightly overlapping manner, showcasing their vibrant colors and textures.

[illegible]

A woman with short dark hair is standing and smiling. She is wearing a long-sleeved top with a grey upper half and a dark blue lower half, with white cuffs. She is also wearing dark blue trousers and dark shoes. Her hands are clasped in front of her. To her left is a yellow vertical banner with some text and a small image of a book.

広報しんとみ 2016.3 4